## Assessment form part 2 (Basic MAT)

POSTURE IN CURRENT SEATING SYSTEM						
ASSESSMENT FOR:			DATE:	Problems /Comments		
Pelvis	Tilt (Side view)	Obliquity (Frontal View)  Neutral Left Right Lower Lower Lower by:  Scoliosis (Frontal View)  Neutral Convex Left Convex Right Apex at:	Rotation (Top view)  Neutral Left Right Forward  Rotation (Top view)  Neutral L forward R forward	54		
Hips	Thigh to Trunk angle:  Left: Right:  Degrees Degrees	Position (Frontal View)  Neutral ABduct <sup>n</sup> ADduct <sup>n</sup> L / R  External rotation: L / R  Internal rotation: L / R	Windswept (Frontal View)	Left: Angles  Thigh – trunk:  Thigh to lower leg:  Lower leg to foot:  Thigh – trunk:		
Knees and Feet	Thigh to lower leg angle : Left Right  Degrees Degrees	Lower leg to foot angle:  Left Right  Degrees Degrees  Plantar-flex Plantar-flex. Dorsi-flex Dorsi-flex	Foot position:  Left Right  neutral nertral Inversion Inversion Eversion Eversion	Thigh to lower leg:		
Head and neck	Cervical curve (side view)  Neutral  flexion extension  cervical hyperextension ( Chin poke)	Neck position (Frontal View)  ☐ Midline  ☐ Lat flexion: L / R  ☐ Rotation: L / R	Control   independent head control / and full ROM   restricted head control   restricted ROM:   absent head control			
Upper Limbs	Shoulder positioning Level asymmetry	Elbow and forearm position ☐ arm support ☐ no support ☐:	Wrist and handgrip			

Summary / comments:



SUPINE MAT ASSESSMENT							
ASSESSM	ENT FOR:		DATE:	Problems /Comments			
Pelvis	Tilt  Tilt  Neutral Posterior Anterior  fixed flexible corrects with effort (to neutral / partial correction)	Obliquity  Obliquity	Rotation  Rotation  Rotation  Rotation  Rotation	Comments			
Trunk	Anterior / posterior  Anterior / posterior  Anterior / posterior  Neutral Thoracic Lumbar Kyphosis Lordosis  Ilumbar C-curve flattening  fixed flexible  corrects with effort (to neutral / partial correction)	Scoliosis  R  Neutral Convex Left Convex Right Apex at:    fixed	Rotation  Rotation  Rotation  Representation  Neutral Left forward Right forward  Forwarded by:  fixed flexible  corrects with effort (to neutral / partial correction)	ú			
Lower extre- mities	Angles  Trunk to thigh angle: Flex hip to 90° or a lesser angle till ASIS rolls / pelvic tilts  Thigh to lower leg angle: with hip flex at 90° or the trunk to thigh angle, extend knee from flexion till pelvis tilt / ASIS rolls.  Lower leg to foot angle:  Hip Abdution / Adduction:	Range of motions or LEFT Right Normal ROM Simulate to 90°  30 to 180  30 -135  Hip external / internal rotation:	report observations:  Fixed / Flexible /Corrects with effort, Tone /Spasm that may impact on seating posture:  Foot inversion/ eversion:	Left:  Lower leg to foot:  Thigh to lower leg:  Thigh – trunk:  Right:  Lower leg to foot:  Thigh to lower leg:  Thigh – trunk:			
Head and neck	Cervical curve:  Resting posture:  ☐ Neutral ☐ Cervical Flexion ☐ cervical hyperextension	Lateral flexion:  Resting posture:  Neutral ☐ left ☐ right ☐ fixed ☐ flexible ☐ corrects with effort	Rotation:  Resting posture:  ☐ Neutral ☐ left ☐ right ☐ fixed ☐ flexible ☐ corrects with effort				
Upper extremi ties	Shoulder PROM ☐ Level ☐ asymmetry	Elbow and forearm PROM	Wrist and hand Description:	¥			

Summary / comments:



SITTING MAT ASSESSMENT							
ASSESSME	NT FOR:		DATE:	SIMULATION & OUTCOME: (Describe direction and			
Balance: Hands- free sitter		☐ Hands dependant sitter (* for	*Propped sitter* advance skill clinician /.specialist only)	location of forces applied)			
Pelvis	Tilt (Side view)	Obliquity (Frontal View)	Rotation (Top view)	Accommodations / corrections:			
	Neutral Posterior Anterior	Neutral Left Lower Right Lower Lowered by:	Neutral Left forward Right forward	Outcomes:			
Trunk	Anterior / posterior	Scoliosis (Frontal View)	Rotation (Top view)	Accommodations / corrections:			
	Neutral Thoracic Lumbar Kyphosis Lordosis Ilumbar C-curve flattening fixed flexible corrects with effort (to neutral / partial correction)	Neutral Convex Left Convex Right Apex at:    fixed	Neutral L forward R forward	Outcomes:			
Lower extreme	Initial sitting angles	Position (Frontal View)	Windswept (Frontal View)	Stimulated sitting angles:			
ties	Thigh – trunk: Thigh to lower leg:	Neutral ABduct <sup>n</sup> ADduct <sup>n</sup> L / R External rotation: L / R Internal rotation: L / R	Neutral Left Right	Thigh – trunk: Thigh to lower leg: Outcomes:			
Head and	Cervical curve (side view)	Neck position (Frontal View)	Control	Accommodations / corrections:			
neck				Outcomes:			
Upper Extremi	Shoulder positioning  ☐ Level ☐ asymmetry	Elbow and forearm position Describe:	Hand and wrist positioning Describe:	Accommodations / corrections:			
ties	Describe:			Outcomes:			

Summary / comments:

